

*"Life is like riding a bicycle.  
To keep your balance you must  
keep moving."*

*- Albert Einstein*

## You are the New Explorers

### Powerful and Present

The beta launch of [Spatial Angle Modulation \(SAM\) 2.0](#), TMI's newest audio-guided consciousness tool, met with two-thumbs-up enthusiasm from program participants this summer, opening the way for [Conscious Presence](#).

Like its predecessor—Explorer Imperative—**Conscious Presence** is SAM-powered, focused deeply on blissful being in the here and now, and is ever evolving. "Conscious Presence isn't a completely new program," says SAM 2.0 developer and TMI director of technology, [Bob Holbrook](#), "but we've integrated what we learned from participant feedback and ongoing research and development. It's a constantly evolving process."

Holbrook, who is also a TMI residential trainer, emphasizes the powerful role that participants play in SAM programs. "You are the new Explorers," he says. "This is an experimental program. Participants' experiences are critical to its progress. Together we're co-defining the cutting edge of Monroe Institute research and development."



Bob Holbrook

**Conscious Presence** is a journey we take together, to the frontiers of our present understanding of human consciousness

"We can't not experience 'it,'" Holbrook adds. "It is all that is! All we can do is wake up and know our connection to the All is the abiding echo of our intuition. We are sleeping perfection. What TMI's new SAM technology does is give us a good shake to wake us up."



Conscious Presence

## Calling all "New Explorers!"

The full power of intention can only manifest itself when one is fully awake and present, in the here and now.

Experience Conscious Presence. Participate in the first open enrollment SAM 2.0 program

November 9-15, 2013

**SPACE is LIMITED**  
**REGISTER TODAY!**

## Local Chapter Network

*"volunteering our time  
to help you connect"*

In honor and memory of Carol de la Herran, TMI's executive director and president who died suddenly on July 4, 2013, the LCN has dedicated it's August LCN Newsletter to her. Full of lovely remembrances, the newsletter is a portrait of Carol that is very worth reading. Use the link below.

The LCN has grown into a global organization, supporting those who have attended TMI programs and introducing those new to the work of Bob Monroe and TMI to the tools for exploring and expanding consciousness.

The LCN offers the opportunity to "dip a toe into the water" for little or no cost and minimal time. For those who may not see themselves attending a program at TMI, the LCN provides exposure to a group of like-minded people, ideas, and the Hemi-Sync® and SAM technologies.

The LCN Leadership Council thanks everyone from around the world for their time and continued dedication. Without you we would not exist.

[Download the August 2013 Tribute LCN Newsletter](#)

[Form a new Local Chapter](#)

Or for inquiries contact the [LCN Leadership Council](#)



## Take the EXCURSION WORKSHOP at TMI!



This is a two-day adventure into expanded states of awareness facilitates profound relaxation, deep contemplation, increased intuition, and communication with the higher self and with related energies.

Important personal revelations are commonplace during an Excursion. Specifically designed exercises with the Hemi-Sync® audio-guidance technology form the core of the workshop, together with supportive explanation and discussion.

September 28-29, 2013

**JUST A FEW SPOTS LEFT**  
**REGISTER NOW**

## Coming Soon! A New SAM title - Aqua Aura -

Dedicated to Carol de la Herran, this inspired meditative music, composed by Michael Koch, takes you along a small creek to enjoy the various sounds of nature. Accompanied by exotic flute sounds, you immerse yourself in the beauty of nature.

Blended with the latest SAM™ 2.0 technology. Length: 30 minutes

**Watch for the Aqua Aura release date!**


New on our blog:

## HUB Highlights

- [Nikola Tesla's Amazing Predictions for the 21st Century](#)
- [Effects of meditation training on emotional processing might transfer to non-meditative states](#)
- [Strongest Study Yet Shows Meditation Can Lower Risk of Heart Attack, Stroke](#)


The Hub offers content we think people who are interested in TMI will be interested in. When you notice Hub-worthy items [please send a link](#).


**THE HUB:**  
*Adventures in Consciousness*

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## TMI on the Tube

## See Our TV Commercial!



Check out our 30-second commercial being shown on television networks such as PBS, Fox Business, MSNBC. Created by In Focus - a project initiated by Martin Sheen.

## Memorial Service

On August 24th, one hundred or so family, friends, and colleagues gathered at the campus of The Monroe Institute's Nancy Penn Center. We were there to pay tribute to Carol de la Herran and to say our final good-byes to her as a physical being.

The ceremony began with an audio recording of the Gateway Affirmation. As "I am more than my physical body..." played over speakers, a slide show of photos from Carol's life was shown—images from her early childhood to the present.

Poignant and funny recollections were shared. Walter Stock, TMI executive director and president, Stephen Ng Qui Sang, chairman of the board, and Outreach and residential trainer Andrea Berger offered heart-felt eulogies. Carol's three children from Spain and the UK spoke eloquently of their lives with Carol. A chapter was read from a book she had begun writing. Bob Holbrook read a well-known [poem](#) of Bob Monroe's from *Ultimate Journey*. A tribute from staff video was also played.

A moving memorial tree planting ceremony officiated by former executive director, Paul Rademacher, included the release of live butterflies.

Delicious and abundant hors d'oeuvres were served in the dining room, even as the staff prepared for an incoming program group.

It was a good day and a beautiful send-off.



## 3 Little Questions to Help You Deal with Life's Big Changes

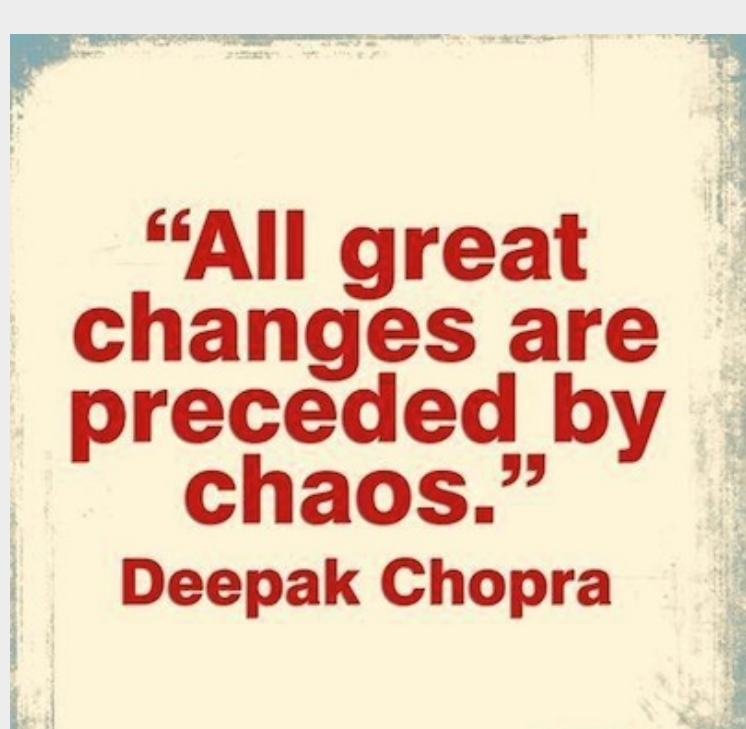
## Bob Monroe on how human "graduates" are perceived and the purpose of becoming human

### Gems from the Archives

Throughout his decades of out-of-body travels Bob relied heavily on passionate curiosity and rational intellect to aid him in discovering, understanding, and remembering what he learned beyond his humanity, beyond the parameters of life and death.



From "Wednesday with Bob Monroe 3"



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[Our program schedule.](#)

